



Sports Performance | Education
Economic Development

PHYSICAL THERAPIST

1. Athletic Path – Physical Therapist in Professional/Collegiate Teams

Entry Level: Internship

These roles are for those who have recently or are close to graduating with their undergraduate degree. These types of roles are heavily sought after by those who are beginning their career and wish to gain experience to progress in the industry. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice.

- Job Responsibilities – Assist licensed physical therapists in evaluating athlete patients under supervision; monitor and observe athlete patient assessments (e.g. range of motion, mobility, and muscle strength); document athlete patient progress in accordance with policies and guidelines; utilize and learn technology equipment
- Education – Bachelor's degree or enrolled in an accredited program in biology, exercise science, kinesiology, or related field OR Bachelor's degree or enrolled/completing required courses needed for desired DPT program
- License/Certifications – CPR and/or BLS (depending on program)
- Preferred Experience – familiarity with documentation systems, volunteer or work experience in healthcare or rehabilitation settings, experience with equipment (e.g. blood flow restriction, force plates, motion capture)

Entry Level: Residency

These roles are for those who have recently graduated with their DPT. These post-professional types of roles are heavily sought after by those who are beginning their career and wish to gain experience to progress in a defined area that provides structured mentorship and advanced clinical training in the sports setting. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice, decision-making, and problem-solving.

- Job Responsibilities – Evaluate and provide athlete patient care under mentorship; perform athlete patient assessments (e.g., range of motion, mobility, and muscle

strength); document athlete patient progress; utilize technology equipment; participate in research and case studies.

- Education – Doctor of Physical Therapy (DPT) from an accredited program
- License/Certifications – Active PT license in practicing state, CPR, and/or BLS (depending on the setting)
- Preferred Experience – Clinical rotations or internship in a specialty, prior experience working with athletes, familiarity with documentation systems, research and teaching experience, experience with equipment (e.g. blood flow restriction, force plates, motion capture)

Entry Level: Fellowship

These roles are for those who have recently graduated with their DPT. These post-professional types of roles are heavily sought after by those who wish to gain experience to progress in a defined area of subspecialty, specifically in sports. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice, decision-making, and problem-solving.

- Job Responsibilities – Evaluate and provide athlete patient care under mentorship; perform athlete patient assessments (e.g., range of motion, mobility, and muscle strength); document athlete patient progress; educate athletes on exercise programs and recovery; utilize technology equipment; participate in research and case studies; mentor students and residents.
- Education – Doctor of Physical Therapy (DPT) from an accredited program and completion of a residency program in the sports specialty (recommended or required)
- License/Certifications – Active PT license in practicing state, CPR, and/or BLS (depending on the setting)
- Preferred Experience – Completion of PT residency in a specialty, prior experience working with athletes, familiarity with documentation systems, research and teaching experience, specialty certifications, or working on completion (e.g. CSCS, SCS, OCS), experience with equipment (e.g. blood flow restriction, force plates, motion capture)

Mid-Level: Sports Physical Therapist

These roles are for licensed individuals with a couple of years of applied experience in collegiate or professional environments. They are often board-certified as Sports Certified Specialists (SCS) or Orthopedic Clinical Specialists (OCS) and combine rehabilitation, emergency care, and performance enhancement to support athletes.

- Job Responsibilities – Evaluate and treat acute and chronic sports-related injuries in athletes; create rehabilitation and reconditioning programs; collaborate with AT, SCC or coaches, and other staff; conduct and assess athlete patient assessments; educate athletes on exercise programs and recovery; document athlete patient progress; utilize technology equipment; participate in research and case studies; mentoring students and residents.
- Education – Doctor of Physical Therapy OR Master of Physical Therapy from an accredited program
- License/Certifications – Active PT license in practicing state, CPR and/or BLS (depending on the setting), SCS OR OCS

- Preferred Experience – $\leq$ 1-year experience working in rehabilitation clinics, sports physical therapy, or outpatient physical therapy, prior experience working with athletes, familiarity with documentation systems, research and teaching experience, specialty certifications (e.g. CSCS), experience with equipment (e.g. blood flow restriction, force plates, motion capture)

Elite-Level: Director/Clinical Coordinator Sports Physical Therapist

This is a senior leadership role responsible for overseeing the vision, strategy, and daily operation of a sports performance department. Typically requires at least 2-5+ years of applied experience in high-performance environments.

- Job Responsibilities—Manage staff across strength and conditioning, medical, sport science, and related performance disciplines; lead performance strategy; oversee the development and execution of innovation and applied research; support the professional development of staff; collaborate with other sports directors; perform evaluations; evaluate and treat acute and chronic sports-related injuries in athletes; create rehabilitation and reconditioning programs
- Education – Doctor of Physical Therapy OR Master of Physical Therapy from an accredited program
- License/Certifications – Active PT license in practicing state, CPR and/or BLS (depending on the setting), SCS OR OCS
- Preferred Experience – $\geq$ 2 years' experience working in rehabilitation clinics, sports physical therapy, or outpatient physical therapy, prior experience working with athletes, educating athletes on exercise programs and recovery, familiarity with documentation systems, research and teaching experience, specialty certifications (e.g. CSCS), experience with equipment (e.g. blood flow restriction, force plates, motion capture); expertise across performance domains (e.g., strength, recovery, biomechanics)

2. a. Medical Path – Hospital/Clinical Physical Therapist

Entry Level: Internship

These roles are for those who have recently or are close to graduating with their undergraduate degree. These types of roles are heavily sought after by those who are beginning their career and wish to gain experience to progress in patient care in inpatient or outpatient environments. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice.

- Job Responsibilities – Assist licensed physical therapists in evaluating patients under supervision; monitor and observe patient assessments (e.g. range of motion, mobility, and muscle strength); document patient progress in accordance with policies and guidelines; utilize and learn technology equipment
- Education – Bachelor's degree or enrolled in an accredited program in biology, exercise science, kinesiology, or related field OR Bachelor's degree or enrolled/completing required courses needed for desired DPT program
- License/Certifications – CPR and/or BLS (depending on program)
- Preferred Experience – familiarity with documentation systems, volunteer or work experience in healthcare or rehabilitation settings, experience with equipment (e.g. blood flow restriction, ultrasound)

Entry Level: Residency

These roles are for those who have recently graduated with their DPT. These post-professional types of roles are heavily sought after by those who are beginning their career and wish to gain experience to progress in a defined area that provides structured mentorship and advanced clinical training in different settings. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice, decision-making, and problem-solving.

- Job Responsibilities – Evaluate and provide patient care with complex diagnoses under mentorship; perform patient assessments (e.g., range of motion, mobility, and muscle strength); document patient progress; utilize technology equipment; participate in research and case studies.
- Education – Doctor of Physical Therapy (DPT) from an accredited program
- License/Certifications – Active PT license in practicing state, CPR, and/or BLS (depending on the setting)
- Preferred Experience – Clinical rotations or internship in a specialty, prior experience working with patients, familiarity with documentation systems, research and teaching experience, experience with equipment (e.g. blood flow restriction, ultrasound)

Entry Level: Fellowship

These roles are for those who have recently graduated with their DPT. These post-professional types of roles are heavily sought after by those who wish to gain experience to progress in a defined area or clinical scholars in a focused area, such as different rehabilitation clinics, acute care, etc. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice, decision-making, and problem-solving.

- Job Responsibilities – Evaluate and provide patient care with complex diagnoses; perform advanced patient assessments; document athlete patient progress; educate patients and caregivers on exercise programs and recovery; utilize technology equipment; participate in research and case studies; mentor students and residents.
- Education – Doctor of Physical Therapy (DPT) from an accredited program and completion of a residency program in the sports specialty (recommended or required)
- License/Certifications – Active PT license in practicing state, CPR, and/or BLS (depending on the setting)
- Preferred Experience – Completion of PT residency in a specialty, prior experience working with patients, familiarity with documentation systems, research and teaching experience, experience with equipment (e.g. blood flow restriction, ultrasound)

Mid-Level: Physical Therapist

These roles are for licensed individuals with a couple of years of applied experience within hospital or rehabilitation environments. They are often board certified Physical Therapists and combine with additional skill sets to provide general inpatient and outpatient care and rehabilitation.

- Job Responsibilities – Evaluate and treat acute and chronic illnesses in patients; perform patient evaluations; create individualized treatment plans; collaborate with physicians and other staff; conduct and assess patient assessments; educate patients and caregivers on exercise programs and recovery; document patient progress; utilize technology equipment (e.g. blood flow restriction, ultrasound); participate in research and case studies; mentoring students and residents.
- Education – Doctor of Physical Therapy OR Master of Physical Therapy from an accredited program
- License/Certifications – Active PT license in practicing state, CPR, and/or BLS (depending on the setting)
- Preferred Experience – ≤ 1-year experience working in rehabilitation clinics, or outpatient physical therapy, prior experience working with patients, familiarity with documentation systems, research and teaching experience, experience with equipment (e.g. blood flow restriction, ultrasound)

Elite-Level: Director/Clinical Coordinator Physical Therapist

This is a senior leadership role responsible for overseeing the vision, strategy, and daily operation of a physical therapy department in a hospital or clinic. Typically requires at least 2-5+ years of applied experience in high-performance environments.

- Job Responsibilities—Manage staff across medical, physicians, assistants, and other staff; lead performance strategy; oversee the development and execution of innovation and applied research; support the professional development of staff; collaborate with other sports directors; perform evaluations; evaluate and treat acute and chronic illnesses in patients; perform patient evaluations; create individualized treatment plans; educate patients and caregivers on exercise programs and recovery

- Education – Doctor of Physical Therapy OR Master of Physical Therapy from an accredited program
- License/Certifications – Active PT license in practicing state, CPR, and/or BLS (depending on the setting)
- Preferred Experience – ≥ 2 years' experience working in rehabilitation clinics or outpatient physical therapy, prior experience working with patients with acute or chronic illnesses, familiarity with documentation systems, research and teaching experience, experience with equipment (e.g. blood flow restriction, ultrasound); expertise across performance domains (e.g., strength, recovery, biomechanics)

2. b. Medical Path – Hospital/Clinical Physical Therapist - Subspecialty

Entry Level: Internship

These roles are for those who have recently or are close to graduating with their undergraduate degree. These types of roles are heavily sought after by those who are beginning their career and wish to gain experience to progress in patient care in inpatient or outpatient environments. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice.

- Job Responsibilities – Assist licensed physical therapists in evaluating patients under supervision; monitor and observe patient assessments (e.g. range of motion, mobility, and muscle strength); document patient progress in accordance with policies and guidelines; utilize and learn technology equipment
- Education – Bachelor's degree or enrolled in an accredited program in biology, exercise science, kinesiology, or related field OR Bachelor's degree or enrolled/completing required courses needed for desired DPT program
- License/Certifications – CPR and/or BLS (depending on program)
- Preferred Experience – familiarity with documentation systems, volunteer or work experience in healthcare or rehabilitation settings, experience with equipment (e.g. blood flow restriction, ultrasound)

Entry Level: Residency

These roles are for those who have recently graduated with their DPT. These post-professional types of roles are heavily sought after by those who are beginning their career and wish to gain experience to progress in a defined area that provides structured mentorship and advanced clinical training in different settings. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice, decision-making, and problem-solving.

- Job Responsibilities – Evaluate and provide patient care with complex diagnoses under mentorship; perform patient assessments (e.g., range of motion, mobility, and muscle strength); document patient progress; utilize technology equipment; participate in research and case studies.
- Education – Doctor of Physical Therapy (DPT) from an accredited program
- License/Certifications – Active PT license in practicing state, CPR, and/or BLS (depending on the setting)
- Preferred Experience – Clinical rotations or internship in a specialty, prior experience working with patients, familiarity with documentation systems, research and teaching experience, experience with equipment (e.g. blood flow restriction, ultrasound)

Entry Level: Fellowship

These roles are for those who have recently graduated with their DPT. These post-professional types of roles are heavily sought after by those who wish to gain experience to progress in a defined area of subspecialty or clinical scholars in a focused area, such as different rehabilitation clinics, ICU, etc. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice, decision making, and problem-solving.

- Job Responsibilities – Evaluate and provide patient care with complex diagnoses; perform advanced patient assessments; document athlete patient progress; educate patients and caregivers on exercise programs and recovery; utilize technology equipment; participate in research and case studies; mentor students and residents.
- Education – Doctor of Physical Therapy (DPT) from an accredited program and completion of a residency program in the sports specialty (recommended or required)
- License/Certifications – Active PT license in practicing state, CPR, and/or BLS (depending on the setting)
- Preferred Experience – Completion of PT residency in a specialty, prior experience working with patients, familiarity with documentation systems, research and teaching experience, specialty certifications or working on completion (e.g. NCS, CCS, PCS, etc), experience with equipment (e.g. blood flow restriction, ultrasound)

Mid-Level: Physical Therapist

These roles are for licensed individuals with a couple of years of applied experience within hospital or rehabilitation environments. They are often board-certified in their desired specialties, which can include Neurologic Specialist (NCS), Cardiovascular and Pulmonary Clinical Specialist (CCS), Pediatric Specialist (PCS), etc, and combine with additional skill sets.

- Job Responsibilities – Evaluate and treat acute and chronic illnesses in patients; perform patient evaluations; create individualized treatment plans; collaborate with physicians and other staff; conduct and assess patient assessments; educate patients and caregivers on exercise programs and recovery; document patient progress; utilize technology equipment (e.g. blood flow restriction, ultrasound); participate in research and case studies; mentoring students and residents.
- Education – Doctor of Physical Therapy OR Master of Physical Therapy from an accredited program
- License/Certifications – Active PT license in practicing state, CPR and/or BLS (depending on setting), board certified in a specialty in desired field, NCS, CCS, PCS, etc.
- Preferred Experience – ≤ 1-year experience working in the desired specialty, rehabilitation clinics, or outpatient physical therapy, prior experience working with patients, familiarity with documentation systems, research and teaching experience, experience with equipment (e.g., blood flow restriction, ultrasound)

Elite-Level: Director/Clinical Coordinator Physical Therapist

This is a senior leadership role responsible for overseeing the vision, strategy, and daily operation of a physical therapy department in a hospital or clinic. Typically requires at least 2-5+ years of applied experience in high-performance environments.

- Job Responsibilities—Manage staff across medical, physicians, assistants, and other staff; lead performance strategy; oversee the development and execution of innovation and applied research; support the professional development of staff; collaborate with other sports directors; perform evaluations; evaluate and treat acute and chronic illnesses in patients; perform patient evaluations; create individualized treatment plans; educate patients and caregivers on exercise programs and recovery

- Education – Doctor of Physical Therapy OR Master of Physical Therapy from an accredited program
- License/Certifications – Active PT license in practicing state, CPR and/or BLS (depending on setting), board certified in a specialty in desired field, NCS, CCS, PCS, etc.
- Preferred Experience – ≥ 2 years' experience working in rehabilitation clinics or outpatient physical therapy, prior experience working with patients with acute or chronic illnesses, familiarity with documentation systems, research and teaching experience, experience with equipment (e.g. blood flow restriction, ultrasound); expertise across performance domains (e.g., strength, recovery, biomechanics)

3. Military Path – Human Performance and Tactical Physical Therapist (Military, Firefighters, Law Enforcement)

Entry Level: Internship

These roles are for those who have recently or are close to graduating with their undergraduate degree. These types of roles are heavily sought after by those who are beginning their career and wish to gain experience to progress in the industry for tactical athletes. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice in settings such as military bases, VA hospitals, public safety departments, and tactical strength and conditioning facilities.

- Job Responsibilities – Assist licensed physical therapists in evaluating tactical athlete patients under supervision; monitor and observe tactical athlete patient assessments (e.g., range of motion, mobility, and muscle strength); document tactical athlete patient progress in accordance with policies and guidelines; utilize and learn technology equipment
- Education – Bachelor's degree or enrolled in an accredited program in biology, exercise science, kinesiology, or related field OR Bachelor's degree or enrolled/completing required courses needed for desired DPT program
- License/Certifications – CPR and/or BLS (depending on program), TSAC-F (optional), may require federal background clearance (for military or government facilities)
- Preferred Experience – familiarity with documentation systems, volunteer or work experience in healthcare or rehabilitation settings, or tactical settings, experience with equipment (e.g., blood flow restriction, force plates, motion capture, occupational training equipment)

Entry Level: Residency

These roles are for those who have recently graduated with their DPT. These post-professional types of roles are heavily sought after by those who are beginning their career and wish to gain experience to progress in a defined area that provides structured mentorship and advanced clinical training in the tactical athlete setting. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice, decision making, and problem-solving.

- Job Responsibilities – Evaluate and provide tactical athlete patient care under mentorship; perform tactical athlete patient assessments (e.g. range of motion, mobility, and muscle strength); document tactical athlete patient progress; utilize technology equipment (e.g. blood flow restriction, force plates, motion capture, occupational training equipment); participate in research and case studies.
- Education – Doctor of Physical Therapy (DPT) from an accredited program
- License/Certifications – Active PT license in practicing state, CPR and/or BLS (depending on the setting), TSAC-F (optional), may require federal background clearance (for military or government facilities)
- Preferred Experience – Clinical rotations or internship in a specialty, prior experience working with athletes, familiarity with documentation systems, research and teaching experience, experience with equipment (e.g. Blood flow restriction, force plates, motion capture, occupational training equipment)

Entry Level: Fellowship

These roles are for those who have recently graduated with their DPT. These post-professional types of roles are heavily sought after by those who wish to gain experience to progress in a defined area of subspecialty, specifically with tactical populations. These programs are designed to integrate academic knowledge with real-world or hands-on experience/practice, decision making, and problem-solving.

- Job Responsibilities – Evaluate and provide tactical athlete patient care under mentorship; perform tactical athlete patient assessments (e.g. range of motion, mobility, and muscle strength); document tactical athlete patient progress; educate tactical athletes on exercise programs and recovery; utilize technology equipment; participate in research and case studies; mentoring students and residents.
- Education – Doctor of Physical Therapy (DPT) from an accredited program and completion of a residency program in the sports specialty (recommended or required)
- License/Certifications – Active PT license in practicing state, CPR and/or BLS (depending on the setting), TSAC-F (optional), may require federal background clearance (for military or government facilities)
- Preferred Experience – Completion of PT residency in a specialty, prior experience working with athletes, familiarity with documentation systems, research and teaching experience, specialty certifications, or working on completion (e.g. CSCS, SCS, OCS), experience with equipment (e.g. blood flow restriction, force plates, motion capture, occupational training equipment)

Mid-Level: Sports Physical Therapist

These roles are for licensed individuals with a couple of years of applied experience in tactical populations. They are often board certified as a Sports Certified Specialists (SCS) or Orthopedic Clinical Specialists (OCS) and Strength and Conditioning Coaches (CSCS) combine rehabilitation, emergency care, and performance enhancement to support tactical athletes.

- Job Responsibilities – Evaluate and treat acute and chronic sports-related injuries in tactical athletes; create rehabilitation and reconditioning programs; collaborate with AT, SCC or coaches, and other staff; conduct and assess tactical athlete patient assessments; educate tactical athletes on exercise programs and recovery; document tactical athlete patient progress; utilize technology equipment; participate in research and case studies; mentoring students and residents.
- Education – Doctor of Physical Therapy OR Master of Physical Therapy from an accredited program
- License/Certifications – Active PT license in practicing state, CPR and/or BLS (depending on the setting), SCS OR OCS, TSAC-F (optional)
- Preferred Experience – $\leq$ 1-year experience working in rehabilitation clinics, sports physical therapy, or outpatient physical therapy, prior experience working with tactical athletes, familiarity with documentation systems, research and teaching experience, specialty certifications (e.g. CSCS), experience with equipment (e.g. blood flow restriction, force plates, motion capture, occupational training equipment)

Elite-Level: Director/Clinical Coordinator Physical Therapist

This is a senior leadership role responsible for overseeing the vision, strategy, and daily

operation of a sports performance department. Typically requires at least 5+ years of applied experience in high-performance environments.

- Job Responsibilities—Manage staff across strength and conditioning, medical, sport science, and related performance disciplines; lead performance strategy; oversee the development and execution of innovation and applied research; support the professional development of staff; collaborate with other sports directors; perform evaluations; evaluate and treat acute and chronic sports-related injuries in tactical athletes; create rehabilitation and reconditioning programs
- Education – Doctor of Physical Therapy OR Master of Physical Therapy from an accredited program
- License/Certifications – Active PT license in practicing state, CPR and/or BLS (depending on the setting), SCS OR OCS, TSAC-F (optional)
- Preferred Experience – ≥ 2 years' experience working in rehabilitation clinics, sports physical therapy, or outpatient physical therapy, prior experience working with athletes, educating athletes on exercise programs and recovery, familiarity with documentation systems, research and teaching experience, specialty certifications (e.g. CSCS), experience with equipment (e.g. blood flow restriction, force plates, motion capture, occupational training equipment); expertise across performance domains (e.g., strength, recovery, biomechanics)